

TEECH FOUNDATION

June Newsletter



*Happy Fathers Day to all the
TEECH Foundation Fathers*

“There is no teacher equal to mother and there's nothing more contagious than the dignity of a father.”

-Amit Ray

JUST THE FACTS

Children with involved dads are less likely to be mistreated.

SOURCE: Bendheim-Thomas Center for Research on Child Wellbeing and Social Indicators Survey Center. (2010). CPS involvement in families with social fathers. *Fragile Families Research Brief*, 46. Princeton, NJ and New York, NY: Bendheim-Thomas Center for Research on Child Wellbeing and Social Indicators Survey Center.



National
Fatherhood
Initiative®

www.fatherhood.org

According to the U.S. Census Bureau, 18.4 million children, 1 in 4, live without a biological, step, or adoptive father in the home.*

That's enough children to fill New York City twice or Los Angeles four times over.

Research shows that a father's absence affects children in numerous

unfortunate ways, while a father's presence makes a positive difference in the lives of both children and mothers.

*U.S. Census Bureau. (2022). Living arrangements of children under 18 years old: 1960 to present. Washington, D.C.: U.S. Census Bureau.

JUST THE FACTS

Involved dads improve their children's overall emotional and social well-being.

SOURCE: Adamsons, K., & Johnson, S. K. (2013). An updated and expanded meta-analysis of nonresident fathering and child well-being. *Journal of Family Psychology*, 27, 589-599.

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FATHERHOOD





Freedom



Juneteenth was first recognized as a federal holiday in 2021 when President Joe Biden signed the Juneteenth National Independence Day Act into law. This historic event marked the first new federal holiday since the adoption of Martin Luther King Jr. Day in 1983.

<https://www.carrollu.edu/articles/news/2020/06/juneteenth>



Emancipation Day celebration, June 19, 1900 held in "East Woods" on East 24th Street in Austin. Credit: Austin History Center.



June 19, 1865. This past June 19th, marked the day 155 years ago that enslaved people in Galveston, Texas, learned the news that the Civil War had ended and they were free.

Although President Lincoln issued the Emancipation Proclamation nearly three years earlier on Sept. 22, 1862—declaring all enslaved people within the Confederate states free effective Jan. 1, 1863—it took until this day in 1865 for the more than 3.5 million enslaved people in the United States to truly be free.

<https://www.carrollu.edu/articles/news/2020/06/juneteenth>

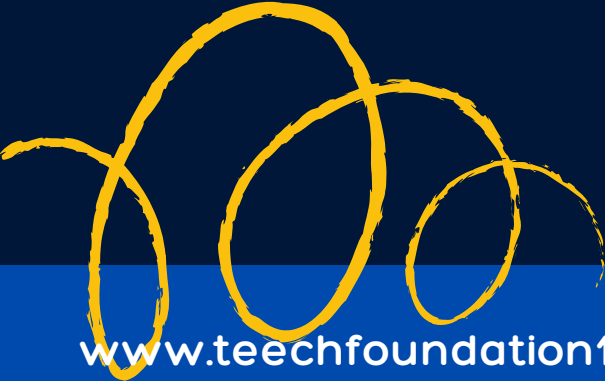


Our 2nd Annual Memorials Day Gathering

Memorials day is a time to gather and honor those who have fallen during battle in times of war. Without the sacrifice of various brave men and women, we wouldn't have this beautiful country we call America.

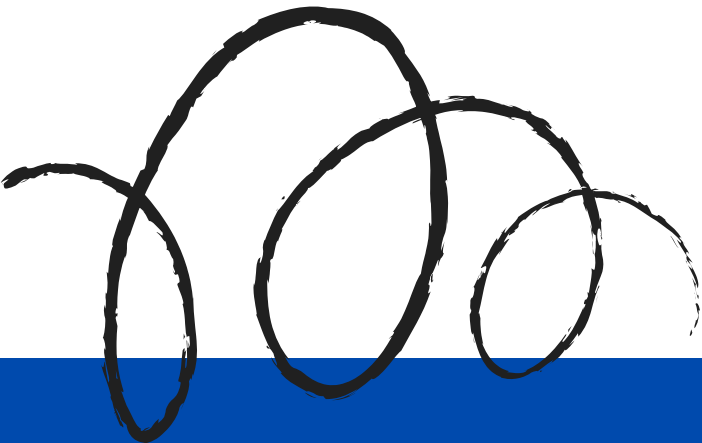


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CELEBRATING THE LAST 6 MONTHS

Highlighting January 2023

TEECH began our New Year's with exciting news. Our poster was seen on the Chicago Transit Authority Bus. What a way to bring awareness to Substance Use and Mental Health.



NEW ADDITION TO OUR ROSC COUNCIL

Sam the Barber (Licensed,
Insured and Mobile)



CELEBRATING THE LAST 6 MONTHS

Highlighting February 2023

**TEECH FOUNDATION MEN IN
BLACK HISTORY**

**MR. GREGORY COX
(EDUCATOR, AUTHOR,
AND LEADER)**



**Mr. Robert Buford, RC
(Community Health Specialists)
Mr. Frederick Buford, RC, CPRS
(ROSC Coordinator/Educator)**



**Mr. Roger Elam, RC
(ROSC PLE/Educator)**



**Michael Carter
(ROSC PLE/Educator)**

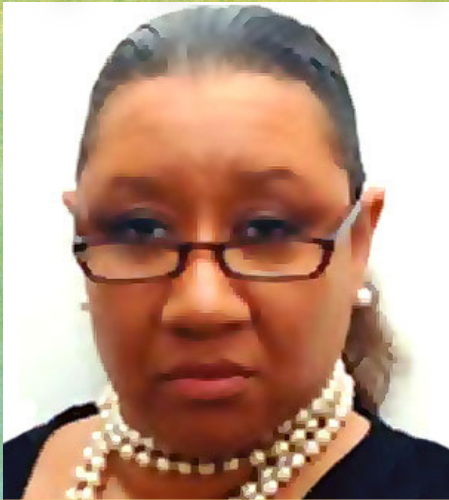


CELEBRATING THE LAST 6 MONTHS

Highlighting April 2023

Our First Gala!

Featured Guest



Janine Ingram
Certified Life Coach



DJ Lip Gloss
DJ LipGloss Entertainment



John F. White
Saxophonist



Bryant Turner
Comedian

Gala Highlights

The event featured engaging activities, workshops, and resources to help participants learn more about leading a healthy lifestyle.

There were also a variety of experts on hand to help attendees learn more about nutrition, exercise, sleep, stress management, and other important components of health and wellness.

There was also live performances that kept everyone entertained showing that music and laughter can help us live a healthier, more balanced life!

CELEBRATING THE LAST 6 MONTHS

Highlighting May 2023



TEECH FOUNDATION May Newsletter 2023

"The Gala Was Amazing"

The Far Southside ROSC GALA was an evening to remember. We engaged in fun activities with family friends, and community and partner's.

The Spring Into Health & Wellness event was hosted by the TEECH Foundation and the Far Southside ROSC Initiative to promote a healthy lifestyle and habits.



Help Is Here!

THE ILLINOIS HELPLINE FOR OPIOIDS AND OTHER
SUBSTANCES

Call 833 - FINDHELP/ (833) 234-6343 or text "HELP to 833234.
Available 24/7, 365 days a year and is completely FREE.



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TEECH continues to distribute Narcan and host trainings.

In need of Narcan or training? Contact TEECH

988 Suicide and Crisis Lifeline

People can call, text, or chat with the number, and be routed to
counselors of the National

We Want You to Know

Addiction is a chronic disease that changes both brain structure and
function, currently affecting the lives of nearly 10% of adults.



AND CONNECT WITH US ON SOCIAL MEDIA



teechfoundation1



www.teechfoundation1.org



teechfoundation



drkarenwhite@teechfoundation1.org

Vision

T.E.E.C.H Foundation's vision is to continue fighting the fight of addiction by building a platform of unity and resources through advocacy and education with the goal of sustaining long-term recovery. T.E.E.C.H strives to build communities that no longer fear or stigmatize the recovering or mentally challenged person but treats them with dignity and respect; therefore, offering services to make this vision a reality.

Mission

To dispel fear and enhance the love of self and others through the vehicle of education for the recovering person and community; embracing the philosophy, "If it's to be, it is up to me". T.E.E.C.H believes recovery is comprised of countless pathways that contribute to a healthy quality of life for those who are seeking long-term recovery.