

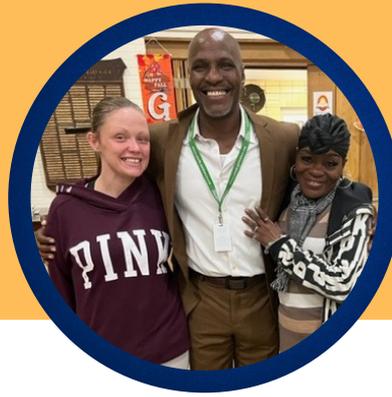
# TEECH FOUNDATION

## Monthly Newsletter



**T.E.E.C.H**  
**Services**

*Ending out 2021 and starting off  
2022 with excitement!*



Transforming, Educating, and Empowering Children and Humanity (T.E.E.C.H) was founded in 2002 and we are a holistic 501c3 not-for-profit organization. We are a substance use prevention and recovery (SUPR) provider, Far Southside Recovery Oriented Systems of Care (ROSC), Recovery Community Organization (RCO), and member of the United Mental Health and Recovery Coalition (RCO). We provide peer-driven and peer-led recovery support services (RSS) to individuals who are seeking assistance with substance use and mental health. We aim to make a difference in people's lives by increasing public awareness of substance use and mental health.



## TEECH FOUNDATION **HOMELESS INITIATIVE**

TEECH began the homeless drive initiative as a result of one of their PLE's, Artis Easterline who decided to carry on his mother's advocacy. Artis said "he watched his mother care and give to the homeless until she died." TEECH and Artis endeavors has been going on for the past few years and many organizations have become a vital part of the initiative. Organizations such as Dakota Integrated Systems, Teamwork Englewood, Bethany Union Church, Robbins Park District and many others have personally donated to this cause, and for that, we are grateful.



### **TENT CITY**

With the help of Clarity Clinic, TEECH Foundation was able to donate several blankets, hats, and gloves to the homeless population in the Tent City area of Chicago.



### **PACIFIC GARDEN MISSION**

TEECH Foundation worked with a group of several organizations to provide blankets and personal hygienic items to the homeless population around Pacific Garden Mission, located in the South Loop area of Chicago.

# DRUGS AND SUBSTANCE DISORDER STATISTICS

<https://drugabusestatistics.org>

Among Americans aged 12 years and older, 31.9 million are current illegal drug users (used in the last 30 days).

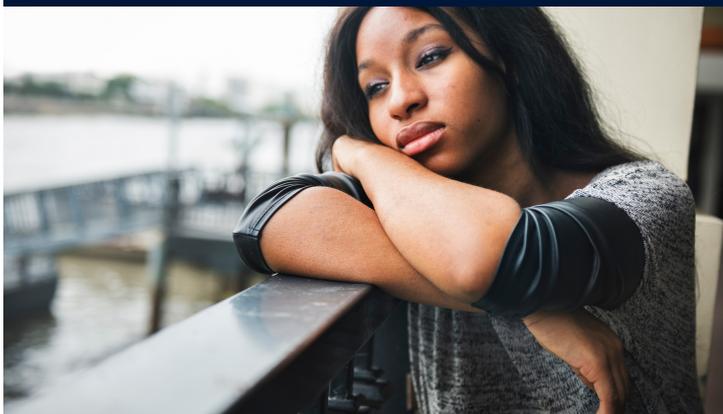
- 11.7% of Americans 12 and over use illegal drugs.
  - 53 million or 19.4% of people 12 and over have used illegal drugs or misused prescription drugs within the last year.
  - If alcohol and tobacco are included, 165 million or 60.2% of Americans aged 12 years or older currently use drugs (i.e., used within the last 30 days).
    - 139.8 million Americans 12 and over drink alcohol.
    - 14.8 million or 10.6% of them have an alcohol use disorder.
    - 58.8 million people use tobacco.
    - 31.9 million use illegal drugs.
    - 8.1 million or 25.4% of illegal drug users have a drug disorder.
    - 2 million people or 24.7% of those with drug disorders have an opioid disorder; this includes prescription pain relievers or “pain killers” and heroin).
- DRUG ABUSE STATISTICS



## Drug abuse and substance disorders are more likely to affect young males

- 22% of males and 17% of females used illegal drugs or misused prescription drugs within the last year.
- 5% of people in non-metropolitan, rural counties used illegal drugs compared to 20.2% of people in larger metropolitan counties.
- Drug use is highest among persons between the ages of 18-25 at 39% compared to persons aged 26-29, at 34%.
- 70% of users who try an illegal drug before age 13 develop a substance use disorder within the next 7 years compared to 27% of those who try an illegal drug after age 17.
- 47% of young people use an illegal drug by the time they graduate from high school; other users within the last 30 days include:
  - 5% of 8th graders.
  - 20% of 10th graders.
  - 24% of 12th graders.

- DRUG ABUSE STATISTICS



# CLIENT SPOTLIGHT - LACRECIA



My name is Lacrechia Ann Bailey. I am thankful to God for his grace and mercy which allows me to be here to write this letter.

I have been in and out of jails and prisons for the better part of my life. I have been homeless so much that I can't remember how many times.

My beginning in the criminal world began when I was 14. I used heroine for the first time at that age. Not knowing that it would take me to places I would have never went, not knowing that heroine would have me do unthinkable acts just to get one more, so that I could feel quote on quote "normal" or "function-able."

It wasn't until I got honest with myself about my addictions that I am able to get honest with others so that I could get the help I need and accept the help that I have.

I came to the TEECH Foundation by way of Claudia and Eddies Place. I came in the door half knowing what to expect, but ready to do whatever was asked of me because I'm at the point in my life that I will do whatever it takes to save my life. And, listen here, TEECH has been providing me the necessary tools and support I need to do just that "Save My Life." I am forever thankful to the TEECH foundation for helping GOD & Me, to save a wretch like me, yet again.

Sincerely,

Lacrechia

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CONNECT WITH US ON OUR PLATFORMS



@TEECHFOUNDATION1 | DRWHITE@TEECHFOUNDATION.NET | WWW.TEECHFOUNDATION1.ORG

# How You Help

SOMEONE STRUGGLING WITH AN ADDICTION



"Does someone you love have a drug problem? Whether it's illegal substances or prescription medication, you can't force anyone to stop abusing drugs. But there are ways to support their recovery.

Whether the problem is with recreational drugs or prescription medications, substance use and addiction can affect people from all walks of life, wrecking families, tearing relationships apart, and destroying lives. But there is help available. While you can't force someone to tackle their addiction, your love, support, and patience can play a vital part in their recovery. With these guidelines, you can learn to support your loved one's efforts, set the necessary boundaries to preserve your own health and welfare, and find some stability for both yourself and your loved one."

Read the guided ways here at <https://www.helpguide.org/articles/addictions/helping-someone-with-drug-addiction.htm>



1750 W. 103 RD | CHICAGO,  
ILLINOIS 60643

# Additional TEECH Activities for November and December 2021

“ Great opportunities to help others seldom come, but small ones surround us every day.

- Sally Koch

## Thanksgiving Celebration



## Kids Coat Drive

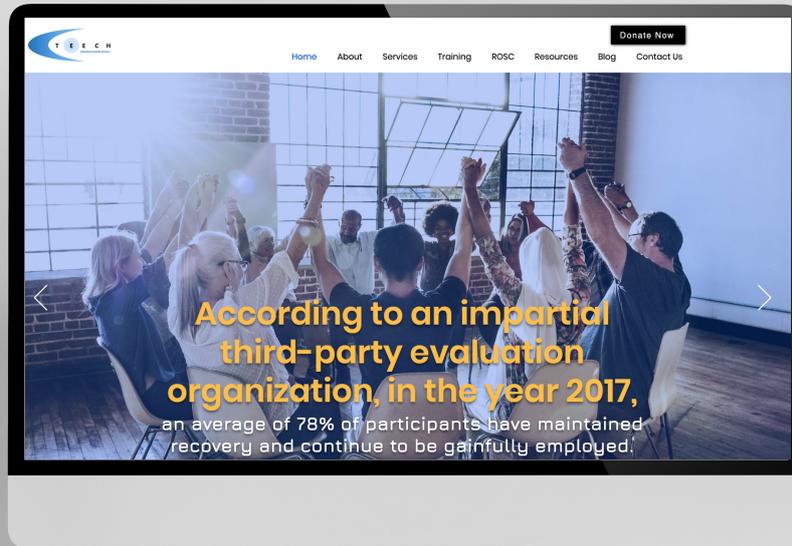


## Christmas Celebration



## New Year Celebration





# Check Out Our New Website

## AND CONNECT WITH US ON SOCIAL MEDIA



[facebook.com/teechfoundation1](https://facebook.com/teechfoundation1)



[www.teechfoundation1.org](http://www.teechfoundation1.org)



[instagram.com/teechfoundation](https://instagram.com/teechfoundation)



[drkarenwhite@teechfoundation1.org](mailto:drkarenwhite@teechfoundation1.org)

## Vision

T.E.E.C.H. Foundation's vision is to continue fighting the fight of addiction by building a platform of unity and resources through advocacy and education with the goal of sustaining long-term recovery. T.E.E.C.H. strives to build communities that no longer fear or stigmatize the recovering or mentally challenged person but treats them with dignity and respect; therefore, offering services to make this vision a reality.

## Mission

To dispel fear and enhance the love of self and others through the vehicle of education for the recovering person and community; embracing the philosophy, "If it's to be, it is up to me". T.E.E.C.H. believes recovery is comprised of countless pathways that contribute to a healthy quality of life for those who are seeking long-term recovery.