

FEBRUARY 2024

CELEBRATE BLACK HISTORY

Celebrating and honoring the achievements, contributions, and history of Black individuals and communities.

TEECH FOUNDATION AND THE ROSC COUNCIL DRUG AND RECOVERY SUPPORT

Black History Month is a time to celebrate and honor the achievements, contributions, and history of Black individuals and communities. It is a moment to reflect on the struggles, triumphs, and resilience of Black people throughout history. This month serves as a reminder of the importance of diversity, inclusion, and equality in our society. Let us take this opportunity to educate ourselves, uplift Black voices, and continue striving towards a more just and equitable world for all.

"Funded in whole or in part by the Illinois Department of Human Service Prevention and Recovery"

BLACK HISTORY

Month

In 1915, in response to the lack of information on the accomplishments of Black people available to the public, historian Carter G. Woodson co-founded the Association for the Study of Negro Life and History. In 1926, the group declared the second week of February as “Negro History Week” to recognize the contributions of African Americans to U.S. history. Few people studied Black history, and it wasn't included in textbooks before the creation of Negro History Week.

This week was chosen because it includes the birthdays of both Frederick Douglass, an abolitionist (someone who wanted to end the practice of enslaving people), and former U.S. president Abraham Lincoln. President Lincoln led the United States during the Civil War, which was primarily fought over the enslavement of Black people in the country. Many schools and leaders began recognizing it the week after its creation.

The week-long event officially became Black History Month in 1976 when U.S. President Gerald Ford extended the recognition to “honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history.” Black History Month has been celebrated in the United States every February since.

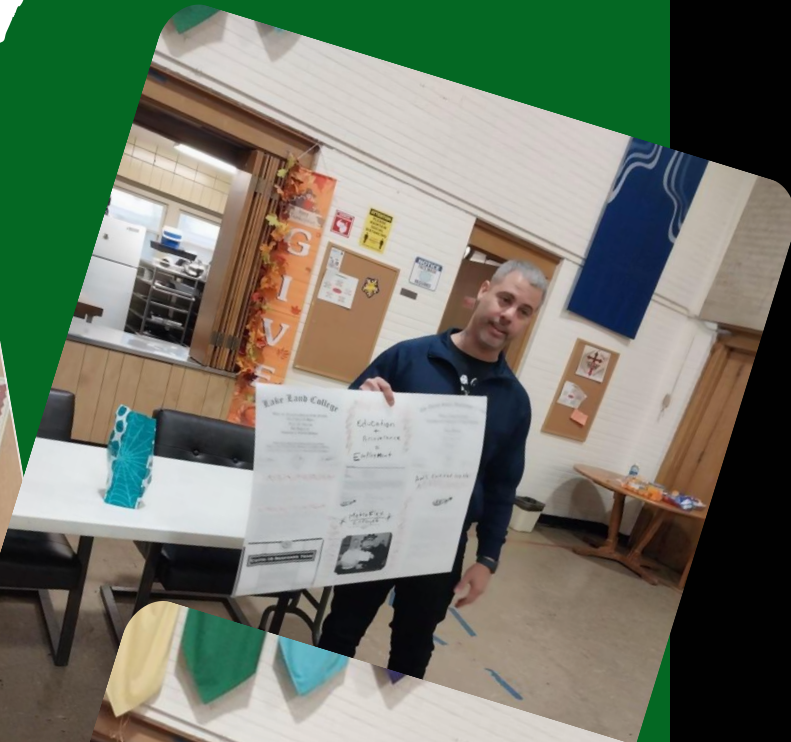
<https://kids.nationalgeographic.com/history/article/black-history-month>

Recognizing Our Own

We hear about many African American Men and Women who struggle with incarceration, addiction, mental illness, and other life endeavors. However, we rarely hear about them making it out of a cycle of life that seems to be unbreakable. We at TEECH work with these individuals, and we see so many make it out of this whirlwind and enter a life of responsibility, accountability, and financial stability. We must continue to share the change we see daily to provide hope for those who think they are all alone and there is no way out.



Recognizing Our Own



Many TEECH participants have decided to change their lives and are now living a life of recovery, responsibility, accountability, and financial stability.

Recognizing Our Own



Education, Resources, and Individualized Care coupled with a Continuum Care Plan, including family, friends, and community support were the vehicles used to assist with moving them into a different mindset and lifestyle.

Upcoming Events

FEBRUARY

LIONEL HAMPTON FINE &
PERFORMING ARTS SCHOOL &
18TH WARD ALDERMAN
DERRICK CURTIS PRESENTS

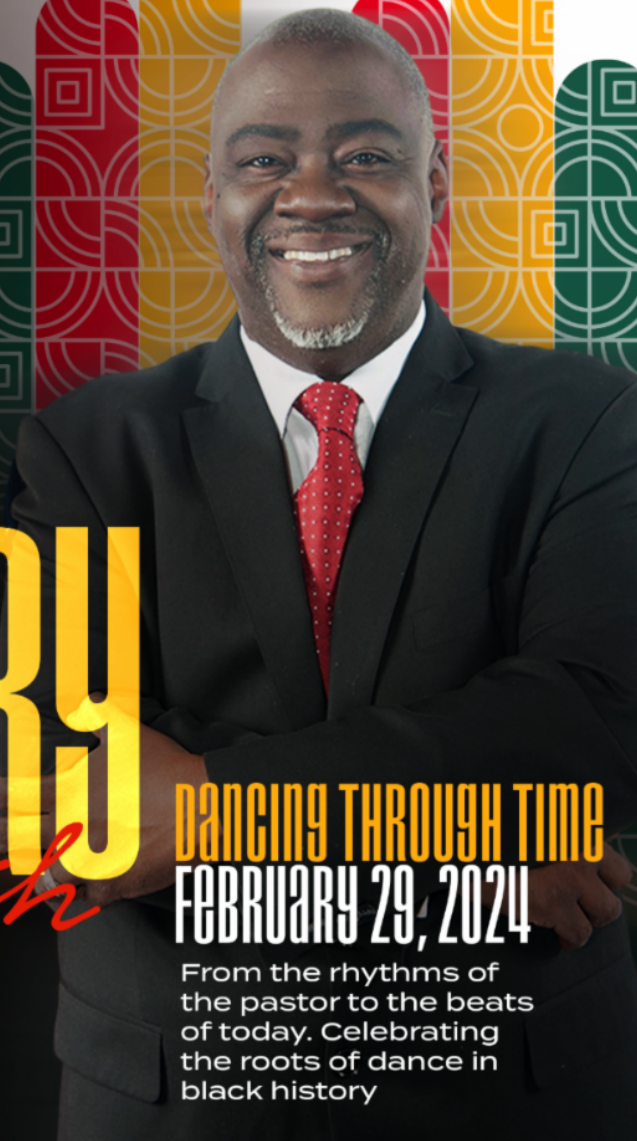
Join us for

BLACK HISTORY

month

DANCING THROUGH TIME
FEBRUARY 29, 2024

From the rhythms of
the pastor to the beats
of today. Celebrating
the roots of dance in
black history



Upcoming Events

MARCH



Many individuals first place of refuge is the church, and we want to equip them with the necessary tools and resources to assist those in need. Therefore, trainings are being provided for churches by Dr. Karen White in the areas of addiction, mental health, suicide and Narcan to assist the churches with becoming Certified Recovery Congregations. For more information, please call (224) 406-3798.

Faith Leaders Brunch – Southside Opioid Task Force

Creating Certified Recovery Congregations

4543 S. Princeton

March 30, 2024

10:00 A.M. – 2:00P.M.

APRIL

Save the Date

FSSRI/TEECH Yearly GALA

Guest Speaker Latrina Joshua

RVSP Now Seats are limited.



DARE TO DREAM
TEECH/FSSRI
2ND Annual

Enjoy

Dinner | Music
Guest Speaker
Give-A-Ways & More

Gala



APRIL 14, 2024

3 pm - 7 pm

\$100 Donation

Held @

Elements on the Odyssey
16235 S. Lagrange Rd | Orland Park, IL

For more info, please visit...
www.teechfoundation1.org/gala

MAY



FSSRI/TEECH Annual Memorial Day Celebration

Sunday, May 19, 2024
Forest Preserves
87th Day Ryan Woods

Save the Date

GET STARTED

KNOW YOUR STATUS

FREE In-Home HIV Self-Testing Kits Available

at

TEECH Foundation Recovery Support

Address:

1750 W 103rd St,

Chicago, IL 60643

Phone: (224) 406-3798

Available for FREE until

June 30th, 2024

Anyone who wants to know their "status", is encouraged to get tested.



Under the HIV self-testing (HSTK) kit distribution initiative, Self-testing kits are currently FREE and administered in the privacy of your home or a safe space of your choosing to screen for HIV.

With early diagnosis and early and effective treatment, persons living with HIV can lead healthy lives no different from anyone else. A person living with HIV and taking their medications daily is considered "undetectable" and unable to transmit the virus to others and can live long healthy lives.

Provide us with your results and receive a **\$25.00 GIFT CARD.**

Persons testing positive will be linked to PRIVATE and CONFIDENTIAL care services at no cost and all medications are FREE of charge.

If you are interested in free STI testing, please call our partner agency Alliance Care 360 at 312-808-1044.

YOUR RESULTS, YOUR WAY. NO WAIT. NO PROBLEM.

Also, ask us about PrEP the FREE medication to prevent men and women from getting HIV.

312-808-1044

KNOWING YOUR STATUS GIVES US POWER

**Provide us with your results and receive an incentive for participation.
\$25.00**



2024 Meeting Calendar

FSSRI FAR SOUTHSIDE ROSC TEECH FOUNDATION



ROSC MONTHLY MEETINGS

These learning collaboration ROSC meetings are in person or via Zoom. You will network and collaborate with other TEECH Foundation partner participants in ROSC activities such as community empowerment and initiatives, data, best practices, and relevant news related to ROSC




Meeting ID: 834 5712 9193 | Password: 553998
Phone Number: 312-626-6799


ATTEND EVERY 4TH MONDAY OF EVERY MONTH @ 10:00 AM

- ✓ January 22nd
- ✓ February 26th
- ✓ March 25th
- ✓ April 14th *Annual Gala*
- ✓ May 27th *Annual Memorial's Day Celebration*
- ✓ June 24th
- ✓ July 22nd
- ✓ August 26th
- ✓ September 23rd
- ✓ October 28th
- ✓ November 25th *Annual Thanksgiving Celebration*
- ✓ December 23rd

COMMUNITY AWARENESS



ATTENTION MOTORISTS



SNOW ROUTE
No Parking 3am - 7am Dec 1 - Apr 1
No Parking When snow is Over 2" deep
Tow Zone

NO PARKING
When snow is Over 2 inches deep
TOW-AWAY ZONE

NO PARKING
3am - 7am Dec 1 - Apr 1
TOW-AWAY ZONE

BEGINNING DECEMBER 1ST, IF YOU SEE A POSTED SIGN THAT SAYS NO PARKING BETWEEN 3AM AND 7AM THAT MEANS THAT THE WINTER OVERNIGHT PARKING BAN IS IN EFFECT ON THIS STREET, WHETHER IT SNOWS OR NOT. DO NOT PARK AT THIS LOCATION BETWEEN 3AM & 7AM FROM NOW UNTIL APRIL 1ST OR YOU WILL BE TICKETED AND TOWED.

YOU SHOULD ALSO AVOID PARKING HERE DURING HEAVY SNOW STORMS WHEN MORE THAN 2 INCHES OF SNOW HAS FALLEN.

IF YOU BELIEVE THAT YOUR VEHICLE HAS BEEN TOWED YOU CAN DIAL 311 FOR MORE INFORMATION OR CONSULT THE CITY OF CHICAGO'S HOMEPAGE AT WWW.CITYOFCHICAGO.ORG



VISIT CHICAGO IN 2024 AND BE PART OF THE NATIONAL RECOVERY MOVEMENT!

SAVE THE DATE

**SATURDAY
SEPTEMBER 21
2024** Chicago, IL

TURNING THE HEROIN HIGHWAY INTO THE RECOVERY PATHWAY!





Chicago Recovering Communities Coalition
recovery community organization, peer led, peer driven

Promoting Principles of Recovery

FACES & VOICES OF



EMERGENCY HEATING REPAIR PROGRAM (EHRP) 2023-2024

The Emergency Heating Repair Program (EHRP) is a grant program available to income-eligible Chicago homeowners for service to repair or replace their furnace or boiler heating system. Grant funds are limited and available on a first-come, first-served basis.

OPEN ENROLLMENT PERIOD

November 1, 2023 to April 1, 2024
You can call 311, go to the CHI311 app, or visit www.chicago.gov/ehrp to apply

MAXIMUM GROSS INCOME (2023)

Size of Household	80% Area Median Income
1 Person	\$61,600
2 Person	\$70,600
3 Person	\$79,450
4 Person	\$88,250
5 Person	\$95,350
6 Person	\$102,400
7 Person	\$109,450
8 Person	\$116,500

The program is open to Chicagoans who own and occupy a 1-to-4 unit residential property within the city limits. The property must be in habitable condition and not at risk of foreclosure. Commercial and mixed-use properties do not qualify.

FOR MORE INFORMATION
312-744-3653 | DOH@CITYOFCHICAGO.ORG



COMMUNITY AWARENESS



Center for 
Community Engagement
at Chestnut Health Systems

Engaging the Illinois Faith Community to Increase Recovery and Mental Health Community Support

Illinois is a diverse State with nearly 13 million residents, 73% of whom identify as being part of roughly 11,800 communities of faith.¹ Often, faith communities are one of the first places individuals and families impacted by substance use disorders and other mental illnesses turn to for help.



Substance use and mental health disorders do not discriminate, they can affect anyone in any community. In 2023, 28.7% of adults in Illinois reported symptoms of anxiety or depressive disorders.² Which means, over 1 in every 4 Illinois residents is impacted by a mental health disorder. This number increases when including family members and loved ones of individuals suffering from mental health disorder symptoms or diagnosis. Statistically, this also means that these individuals and families are participants in faith communities across the state.

The Illinois Faith & Recovery Collaborative seeks to support and empower the work faith communities are doing to support individuals and families by providing information, trainings, toolkits, and networking opportunities.

[Sources: 1 - Pew Research; 2 - Illinois Department of Public Health]

COMMUNITY AWARENESS



Goals of the Illinois Faith & Recovery Collaborative:

- Increase awareness of mental health and substance use challenges
- Identify and decrease stigma against substance use and mental health disorders
- Enhance collaboration between faith and recovery communities
- Increase community supports for individuals in recovery
- Increase recovery program participation and referrals
- Provide local resources
- Promote local prevention efforts
- Decrease deaths by overdose and suicide

Become a Certified Recovery Congregation

CERTIFICATION REQUIREMENTS FOR FAITH COMMUNITIES:

- Complete four specified trainings on mental health and substance use issues within one calendar year.
- Additional trainings every two years



CERTIFIED RECOVERY CONGREGATIONS ARE KNOWN & PROMOTED PUBLICLY AS:

- Safe and welcoming to those in recovery and their families.
- Equipped and informed communities for those facing substance use and mental health challenges.
- A resource hub for substance use and mental health assistance.



CERTIFIED RECOVERY CONGREGATIONS ARE ELLIGBLE FOR:

- Additional training opportunities
- Printed materials, resources, and local support program development toolkits
- Engagement in advisory and collaborative groups
- Technical assistance and support from the CCE



To inquire about resources, training, assistance or for further information, please contact us at: CoalitionSupport@chestnut.org

The Illinois Faith and Recovery Collaborative is part of the Center for Community Engagement project, funded in whole or in part by a State Opioid Response Grant to the Illinois Department of Human Services, Division of Substance Use, Prevention, and Recovery, from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.



Reminder! Help Is Here!

THE ILLINOIS HELPLINE FOR OPIOIDS AND OTHER
SUBSTANCES

Call 833 - FINDHELP/ (833) 234-6343 or text "HELP to 833234.
Available 24/7, 365 days a year and is completely FREE.



[This Photo](#) by Unknown Author is licensed under [CC BY-NC](#)

TEECH continues to distribute Narcan and host trainings.
In need of Narcan or training? Contact TEECH

988 Suicide and Crisis Lifeline

People can call, text, or chat the number, and be routed to counselors of the
National

We Want You to Know

Recovery requires a lifelong commitment and looks different for everyone.

Standing by a loved one as they fight substance use disorder can be
challenging, but you can help them in their recovery when you see the person,
not just their addiction. <https://www.in.gov/recovery/know-the-facts/>



Far Southside ROSC Initiative Community Meetings

We come together to address addiction, recovery, family, friends, and community concerns and issues and also to educate and network. You are invited to attend the monthly ROSC meetings every 4th Monday of the month from 10:00 a.m. to 12:00 p.m. Location: Bethany Union Church 1750 W 103rd Street, Chicago, Illinois 60643 or Zoom.

Call to Action:

Chicago's violent crime rate is 164% above the US average. The murder rate is four times above the national average, with other violent crimes being more prevalent than in other average cities.

Crime in Chicago overall has increased during the past five years by nearly 20%, according to an official report by the Chicago Police Department. The year-over-year change in crime was even greater last year. Between 2021 and 2022, overall crime in Chicago increased by 41%, after overall crime had decreased each year in 2019 and 2020 and slightly increased in 2021.

Chicago's extreme gun violence has been described as an epidemic- where gang-related shootings are often spontaneous and unpredictable.

This call to action from TEECH emphasizes the need to treat enhancing the quality of life as a community epidemic. Please visit our website to view our community involvement and while you are there please donate.

www.teechfoundation1.org.

Please call or email TEECH for all donations (224) 406-3698 or email: drkwhite@teechfoundation.net, or donate through our website

www.teechfoundation1.net.



AND CONNECT WITH US ON SOCIAL MEDIA



teechfoundation1



www.teechfoundation1.org



teechfoundation



drkwhite@teechfoundation.net

Vision

Mission

T.E.E.C.H Foundation's vision is to continue fighting the fight of addiction by building a platform of unity and resources through advocacy and education with the goal of sustaining long-term recovery. T.E.E.C.H strives to build communities that no longer fear or stigmatize the recovering or mentally challenged person but treats them with dignity and respect; therefore, offering services to make this vision a reality.

To dispel fear and enhance the love of self and others through the vehicle of education for the recovering person and community; embracing the philosophy, "If it's to be, it is up to me". T.E.E.C.H believes recovery is comprised of countless pathways that contribute to a healthy quality of life for those who are seeking long-term recovery.