



TEECH FOUNDATION

May Newsletter 2023

"The Gala Was Amazing"

The Far Southside ROSC GALA was an evening to remember. We engaged in fun activities with family friends, and community and partner's.

The Spring Into Health & Wellness event was hosted by the TEECH Foundation and the Far Southside ROSC Initiative to promote a healthy lifestyle and habits.



The Gala Continued

Featured Guest



Janine Ingram
Certified Life Coach



DJ Lip Gloss
DJ LipGloss Entertainment



John F. White
Saxophonist



Bryant Turner
Comedian

There was also live performances that kept everyone entertained showing that music and laughter can help us live a healthier, more balanced life!

“**This GALA was AMAZING. The food, the gifts, the entertainment, the awards... the Spirit was So Beautiful. TEECH taught us something. They Are The Best At Everything They Do.**”

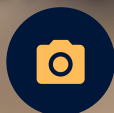
Thank you.

**Ernest Basim
Abdullah**

CONNECT WITH US ON SOCIAL MEDIA
TO SEE PICTURES FROM THE GALA



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Gala Pics

I had the pleasure of attending the TEECH/Far South Side ROSC Gala.

Truly inspirational and a great success. TEECH is doing amazing work in the communities it serves.

Honored to accept a beautiful award on behalf of United Mental Health and Recovery Coalition (UMARC). Dr. Karen White is a leader in the Coalition. Thank you for your steadfast support and dedication to UMARC'S mission.

Angelia Smith

The TEECH Foundations first gala was nothing short of amazing, well organized and fun filled. From the moment one entered the ballroom, the decorations and photo op set the tone. Next it was the table decor...superb.

The saxophonist and DJ kept the party going until the end. And the raffle prizes exceeded the winners expectation. Dr. White and her team did an outstanding job. Great job TEECH Foundation.

Michelle Stewart, EdD





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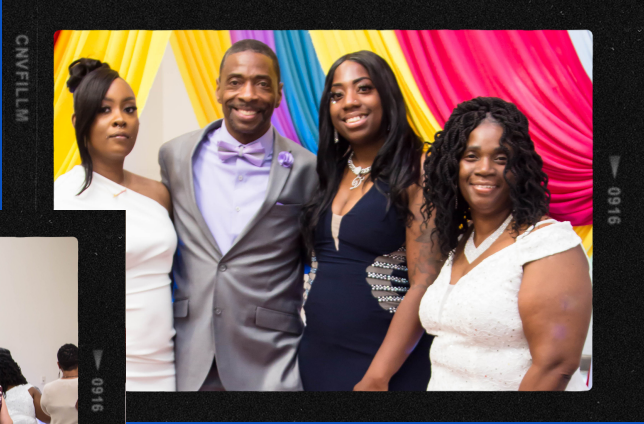


CANVA STORIES

More Gala Pics



CANVA STORIES



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CANVA STORIES

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Far Southside ROSC Council
invites you to come out and join us at the
**2ND ANNUAL COMMUNITY
MEMORIAL DAY**

Celebration

In conjunction with the
17TH YEAR ANNIVERSARY

of
Brighter, Behavior, Choices Inc., NFP

SUNDAY, MAY 21, 2023
10:00 AM - 2:00 PM

DAN RYAN WOODS FOREST PRESERVES
87TH & WESTERN
FREE PARKING

**Fun, Games, Prizes, Music, and
Community Unity & Bridging Gaps**

Sponsored By,

FAR SOUTHSIDE ROSC, TEECH, UMARC, CRCC, SOUTHSIDE HEROIN/OPIOID TASK FORCE, BRIGHTER BEHAVIOR, CHOICES INC., NFP



May Far Southside ROSC Council Meeting

Join us for our ROSC Council meeting for the month of May in the form of our 2nd Annual Community Memorial Day Celebration held on Sunday, May 21st.

Please visit our website to RSVP



Help Is Here!

THE ILLINOIS HELPLINE FOR OPIOIDS AND OTHER
SUBSTANCES

Call 833 - FINDHELP/ (833) 234-6343 or text "HELP to 833234.
Available 24/7, 365 days a year and is completely FREE.



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TEECH continues to distribute Narcan and host trainings.

In need of Narcan or training? Contact TEECH

988 Suicide and Crisis Lifeline

People can call, text, or chat with the number, and be routed to
counselors of the National

We Want You to Know

Addiction is a chronic disease that changes both brain structure and
function, currently affecting the lives of nearly 10% of adults.

Additional Info...

Far Southside ROSC Initiative Community Meetings

We come together to address addiction, recovery, family, friends, community concerns, and issues. Additionally, we educate and network with one another to build a strong community.

You are invited to attend the monthly ROSC meetings every 4th Monday of the month from 10:00 a.m. to 12:00 p.m. Location: Bethany Union Church 1750 W 103rd Street, Chicago, Illinois 60643 or zoom. Locations and methods of providing meetings are subject to change to promote awareness.

Call to Action:

What is more important in life? The ability to lead a life of quality. However, for many individuals, this seems impossible and that is why we are asking for donations to continue our endeavors of providing, food, clothing, housing stipends, and children's needs.

Your donations will...

- Reduce Addiction, Mental Health, Overdoses
- Reduce Homelessness.
- Reduce criminal activities/senseless killings

This call to action from TEECH emphasizes the need to treat and enhance the quality of life as a community during an epidemic. Please visit our website to view our community involvement and while you are there please donate. www.teechfoundation1.org.

Please call or email TEECH for all donations (224) 406-3698 or email: svdbygraceandmercy@sbcglobal.net, or donate through our website www.teechfoundation1.net.



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www.teechfoundation1.org



teechfoundation



drkarenwhite@teechfoundation1.org

Vision

T.E.E.C.H Foundation's vision is to continue fighting the fight of addiction by building a platform of unity and resources through advocacy and education with the goal of sustaining long-term recovery. T.E.E.C.H strives to build communities that no longer fear or stigmatize the recovering or mentally challenged person but treats them with dignity and respect; therefore, offering services to make this vision a reality.

Mission

To dispel fear and enhance the love of self and others through the vehicle of education for the recovering person and community; embracing the philosophy, "If it's to be, it is up to me". T.E.E.C.H believes recovery is comprised of countless pathways that contribute to a healthy quality of life for those who are seeking long-term recovery.