



TEECH FOUNDATION

Monthly newsletter

TEECH IS FOLLOWING ALL CDC GUIDELINES AS IT PERTAINS TO THE PANDEMIC. EVERY ONE MUST WEAR MASK, SOCIAL DISTANCE, USE HAND SANITIZER AND TEMPERATURES ARE TAKEN AS EVERYONE ENTERS THE BUILDING. THIS ALLOWS US TO CONTINUE HAVING IN-PERSON CLASSES AND MEETINGS.

MAY NEWSLETTER

May ROSC meeting will be held differently this month. We are hosting a weekend of community collaboration with Yana House.

SATURDAY 05/28/2022

The Men of YANA House and TEECH are hosting a Dance Social
Location 4622 S .King Drive (7p.m. – 1p.m.)
Donation \$10.00 Price at door \$15.00
Raffling off a 50 inch TV

MONDAY 05/30/2022

Memorial Day – TEECH and Yana House
will be hosting a Cook Out
Location Forest Preserves – 87th Western (Grove 10 – area 299-
350) Markers will be out **FREE**
Food, Games, Prizes, Music (9:00 a.m. – 2:00 p.m.)



COLLABORATION

The goal of ROSC is to build collaborations and join communities. TEECH has been successful in this area, whereas hosting Easter with Robbins Park District. We also joined the Masons and Eastern Stars with providing valuable information and Narcan at the Health Fair in Bronzeville.

LOOK FOR TEECH

TEECH filmed our first commercial in April and is scheduled to air in July. In addition, look for us on busses and billboards. Our contact information will be there to let everyone know we are here to service anyone who has a desire to do something different. NO JUDGING, just a friendly face to assist with whatever area of life that has become a barrier.



TEECH CONTINUES TO DISTRIBUTE PE'S AND NARCAN TRAININGS AND MEDICATION

By the year's end, the country saw a record 91,799 drug overdose deaths, up from 70,630 in 2019. In 2021, more than 100,000 died from an overdose

NEW DRUG ON THE RISE

A veterinary non-opioid tranquilizer named Xylazine is increasingly involved in drug overdose deaths in Illinois.

Per the Illinois Poison Control Center, "The drug has a similar mechanism of action of other prescription medications such as Clonidine (used to treat hypertension), Guanfacine (used to treat ADHD) and Tizanidine (used as a muscle relaxant to treat pain). Overdose will cause coma, slow heart rate and at first hypertension followed by hypotension. It does NOT respond to naloxone. There is no bedside, real-time clinical test to see if this is an agent on board at the time of emergency/hospital stabilizations and care."
(Illinois Dept of Human Health)

MEETING THE NEEDS **OF THE COMMUNITY**

- TEECH continues to provide PPE's and Narcan.
- TEECH provided gift cards to the seniors for grocery
- TEECH provided gas cards to their PLE's
- TEECH is providing baby formula to mothers/fathers in need during the shortage
- TEECH provides clothing and personal needs to the homeless.
- TEECH Fundraiser will pay for several children to attend camp this summer



COMMUNITY UNITY

There is a shortage of baby formula and we are taking the initiative to support the mothers/fathers. Please join us in this endeavor in your community, county etc. We need continued support to keep our endeavors going, so please donate. If you would like to donate through TEECH please give us a call (224) 406-3698 or email: svdbygraceandmercy@sbcglobal.net.



VPLE Kim donating to the baby milk drive.

Celebrating Our Graduates



Theodore Grasso

When I was released from prison, my future was tentative and unpredictable. I wasn't sure how I was going to piece my life back together. The TEECH program gave me time and guidance on how to take steps towards progress. At this stage of my life, I have the confidence and resources to stay on the right path to remain sober and productive.

I can confidently say that I have a hopeful chance at success and attribute that to the encouragement of TEECH. The push from this program helped me see how I can reclaim control of my life. I am happy to say that the light at the end of the tunnel, is no longer the oncoming train which used to be my bad habits and destructive behavior. Thank you for instilling hope and confidence in my potential to becoming whole again.

Steven Shadd

When I first came to TEECH, I hated it. I thought it was a waste of time and had nothing to offer me. As soon as the days past and I started coming daily, I began to learn skills and gain tools like coping skills, recovery, financial literacy, fatherhood, green cleaning, employment skills and the list goes on. As the days past I started to enjoy TEECH foundation and all the staff. They gave me life skills and useful tools to live a better life.





Congratulations



Frederick Buford obtained his Certified Peer Recovery Specialist Credential. Mr. Buford story will be in our May Blog.



WHAT YOU WANT TO KNOW:



“One of the worst things you can do with someone who is struggling with addiction is isolate them. To put someone in isolation who is struggling that way certainly exacerbates the addiction and the struggles.” (christianitytoday.com)

TEECH continues to work with law enforcement to assist with migrating returning citizens back into society with employment as well as allowing community service individuals to complete their hours at our facility.



UPCOMING EVENTS FOR JUNE

JUNE 6,7TH

Faces and Voices will be hosting Organizational Development Training at TEECH – 9:00 – 5:00p.m. Please contact us if you did not receive an invite to register.

JUNE 18TH

TEECH will be collaborating with Robbins Park District in hosting and event for the children.

Southside Opioid Task Force is coming on strong and we hope to have an in person meeting June.

CALL TO ACTION:



TEECH and all their partners are working hard to bring resources and opportunities to the community. We need everyone to support our efforts so we will not go unnoticed. We need to build our communities and we cannot do this without your presence and your voice.

“People with different tribe, race, religion and nationality can come together and accomplish something extraordinary.

The key is the culture of unity and teamwork”

Farshad Asl



Vision

T.E.E.C.H Foundation's vision is to continue fighting the fight of addiction by building a platform of unity and resources through advocacy and education with the goal of sustaining long-term recovery. T.E.E.C.H strives to build communities that no longer fear or stigmatize the recovering or mentally challenged person but treats them with dignity and respect; therefore, offering services to make this vision a reality.

Mission

To dispel fear and enhance the love of self and others through the vehicle of education for the recovering person and community; embracing the philosophy, "If it's to be, it is up to me". T.E.E.C.H believes recovery is comprised of countless pathways that contribute to a healthy quality of life for those who are seeking long-term recovery.



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